

# ***BASES***

## ***Coach's Expectations***

Each coach who brings his/her team to practice at BASES is responsible for his/her own conduct and the conduct of his/her athletes. It is our policy to treat each individual who walks through our doors with the utmost level of respect. It is our expectation and should be your commitment, as coach and mentor, that each athlete also be treated with that same respect and dignity. All coaches are expected to conduct themselves in a professional manner at all times. The process of teaching youth athletes is a process that often tests the patience of the trainer. All coaches are asked to keep this consideration at the forefront of their coaching and teaching method.

Coaches will be responsible for the following while in our facility:

- 1) Conduct yourself with patience
- 2) Do not yell, scream, or berate any athlete (or any other individual)
- 3) Ensure athletes are informed of **General Facility Rules**:
  - a) no running, except as directed in designated practice area
  - b) close all fence gates after entering tunnels
  - c) no food, drinks, or chewing gum are allowed on the turf (inside the fence)
  - d) no horseplay
  - e) do not pick up and throw material from the field (such as mound clay or turf fill)
  - f) do not hang or climb on the nets
  - g) no metal cleats allowed on turf (metal cleats allowed on pitcher's mounds ONLY)
- 4) Ensure athletes understand and follow basic **Safety Rules**:
  - a) all batters must wear approved batting helmets
  - b) no climbing on fence or nets
  - c) when "red light" on Iron Mike machines (baseball) is ON, machines are live, NEVER walk in front of live machine
  - d) when AccuFire II machines (softball) are pitching, they will continue pitching until supply of softballs is delivered, NEVER walk in front of live machine
- 5) Ensure athletes respect the physical features of the facility (turf, machines, mounds, nets)
- 6) Ensure athletes and coaches know **Clay Mound Rules**:
  - a) metal cleats ARE ALLOWED on clay mounds ONLY
  - b) remove metal cleats if you must exit from front of mound onto turf field
  - c) clean shoes / plastic cleats, as directed by coach or Sandlot, prior to going from mound to turf field
  - d) when exiting mounds from rear gate, wipe cleats on wire brush, remove cleats in "Bullpen" area (corner) and place in plastic bag (provided) if loose clay is still present on bottoms of shoes
  - e) do your best to keep mound clay where it belongs

By my signature below, I attest that I have read and understand the expectations described herein and I will ensure that my team conducts themselves in the expected manner.

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_